

A JAM, Freezer

j7

Blackberry

Cherry, Sweet

Plum

Blueberry

Kiwi

Raspberry

Cherry, Sour

Pear

Strawberry

	Recipe	Full	1/2	1/4	1.5x	2x
Yield:	cups	4	2	1	6	8

Wash, Pit & Dice Fruit and Add to bowl

Mash or Use blender to chop fruit

Raw Fruit	cups	6	3	1.5	9	12
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Add one cup of fruit to pint Mason jar

Add cups below to measuring cup & Put aside

Fruit	cups	3	1	0	5	7
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Use fruit in the bowl for some other use

Add ingredients below to Mason jar with pectin on top

Shack CA water jar well before using

Pectin	teaspoons	3	1.5	0.75	4.5	6
Lemon juice	ounces	2	1	0.5	3	4
CA water	teaspoons	4	2	1	6	8
Fruit	cups	1	1	1	1	1

Mix with stick blender in Mason jar

Add to measuring cup & Mix

(add sweetener to taste & stir)

Test for jell

1. Add a Table Spoon of Jam/Jelly into pint Mason jar

2. Put in freezer until cool (3 minutes)

3. Check for jell: Try to pour Jam/Jelly from cup

4. If no jell, add pectin & CA water

B JAM, Freezer

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Apricot

Peach

Nectarine

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Use fruit in the bowl for some other use

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Shack CA water jar well before using

Pectin	teaspoons	4	2	1	6	8
Lemon juice	ounces	2	1	0.5	3	4
CA water	teaspoons	4	2	1	6	8
Bowl Fruit	cups	1	1	1	1	1

Mix with stick blender in Mason jar

Add to measuring cup & Mix

(add sweetener to taste & stir)

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